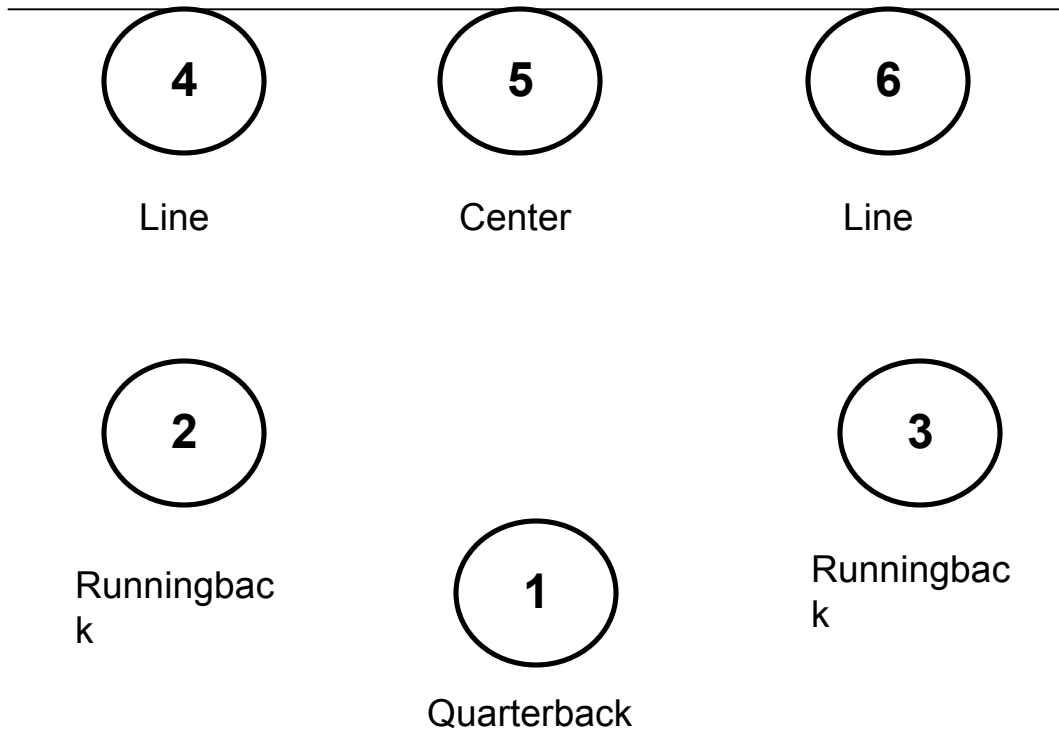


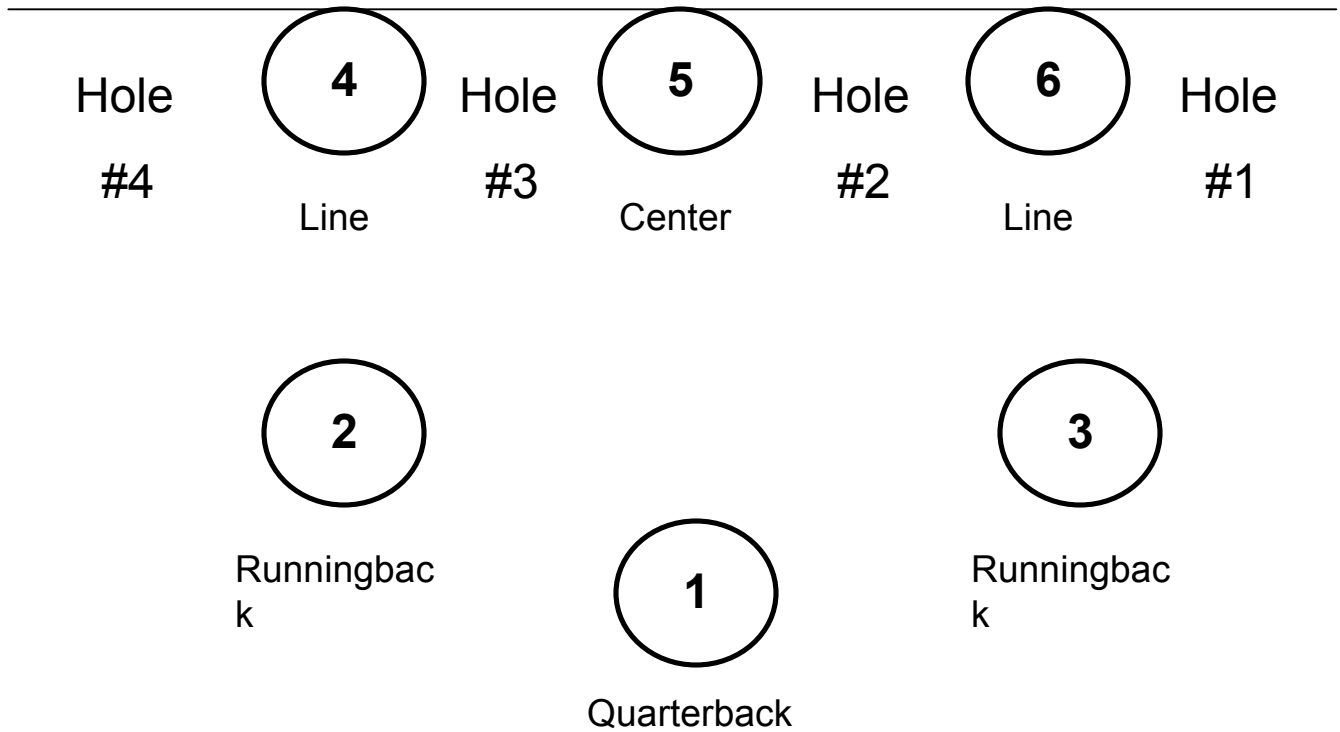
Offensive Set

(How we line up when we have the ball)



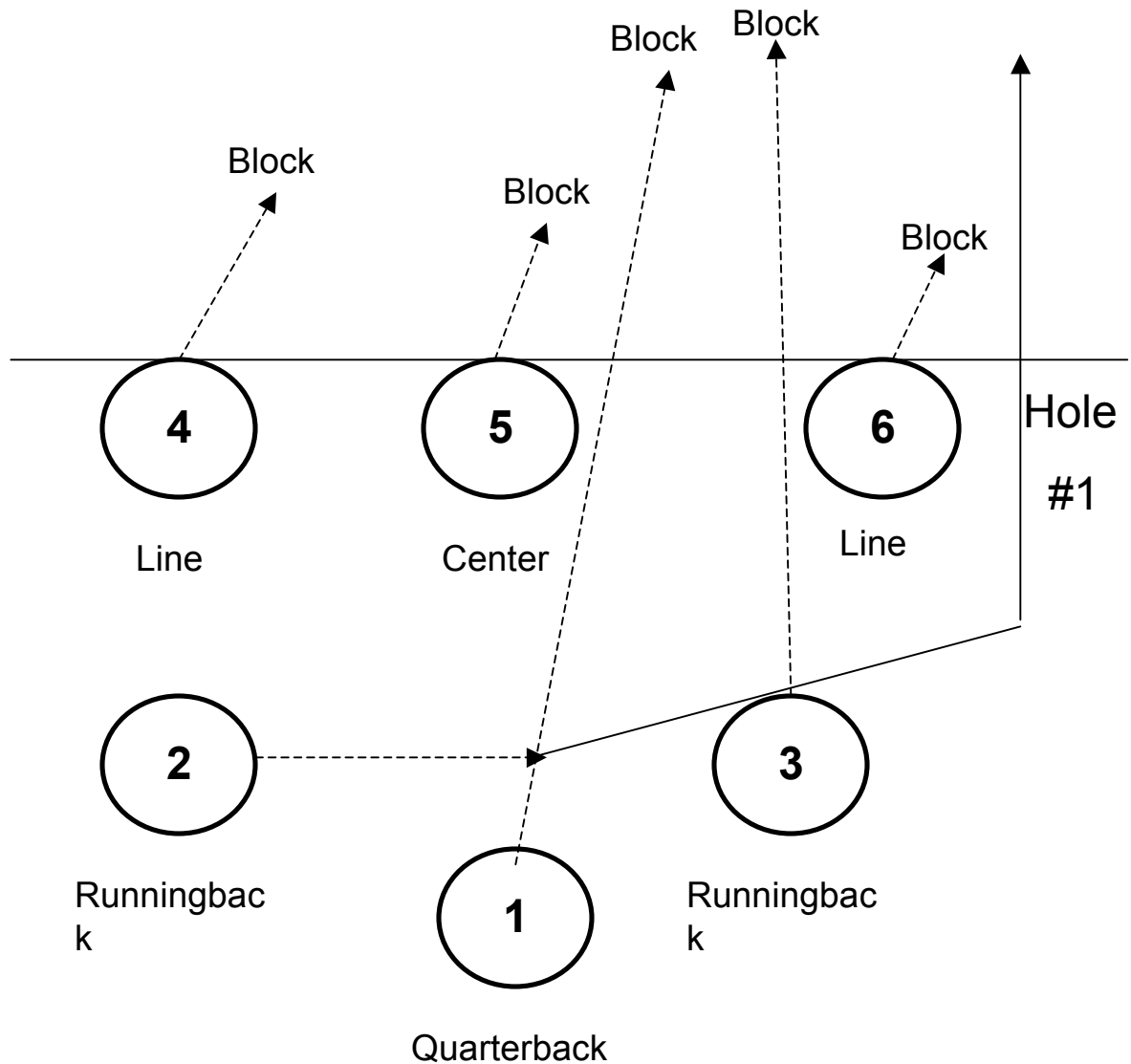
Offense Running Plays

(How we will line up each play)



We have 4 holes that we will run through. The #1 is all the way to the right. The #2 is between the 5 & 6. The #3 is between the 4 & 5. The #4 is all the way to the left

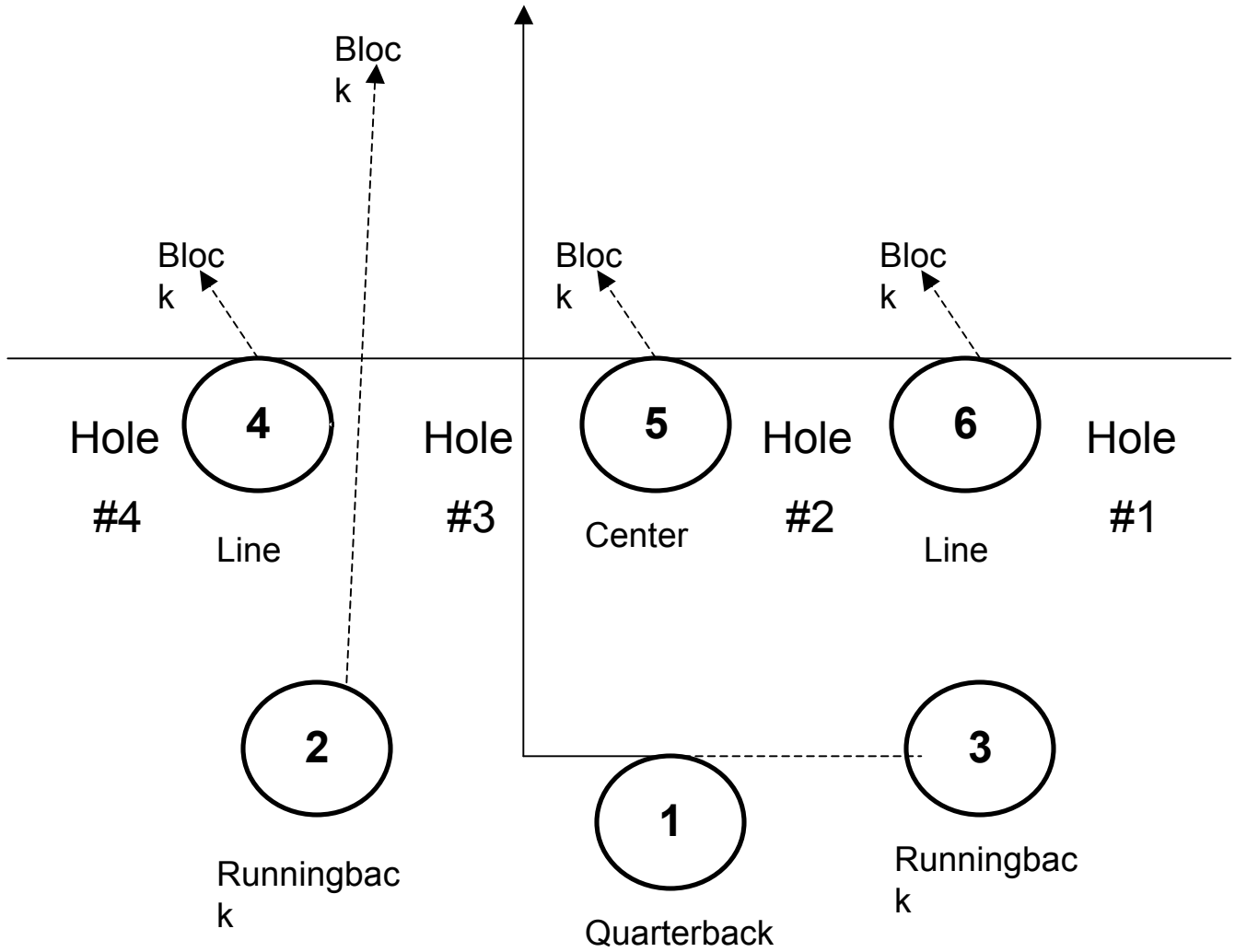
Example of a Running Play



Play call run #2-1 (or 2 1); meaning #2 is going in the 1 hole.

When the ball is snapped #2 starts running toward #1 and takes the ball and goes around #6 in the 1 hole. All the other players want to block and push the defense to the left.

Example of a Running Play

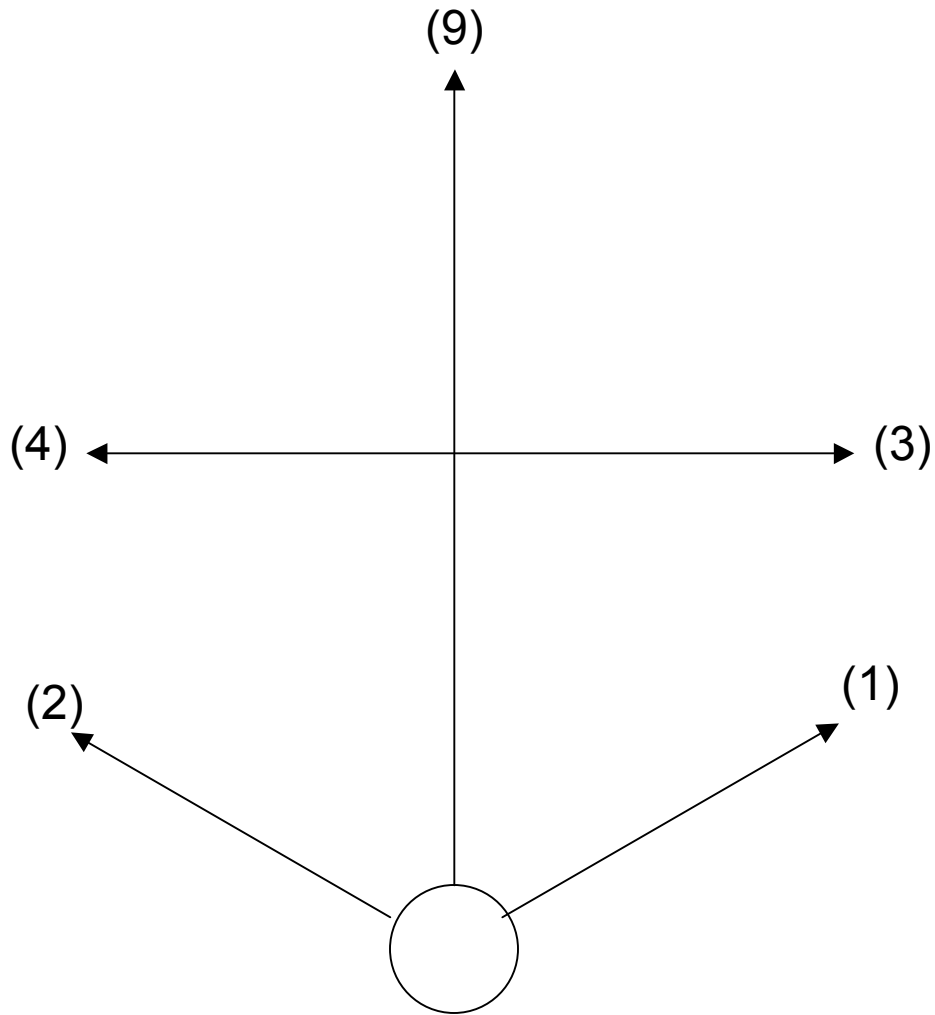


Play call 3-3 or 33

#3 in the 3 hole

Passing Offense

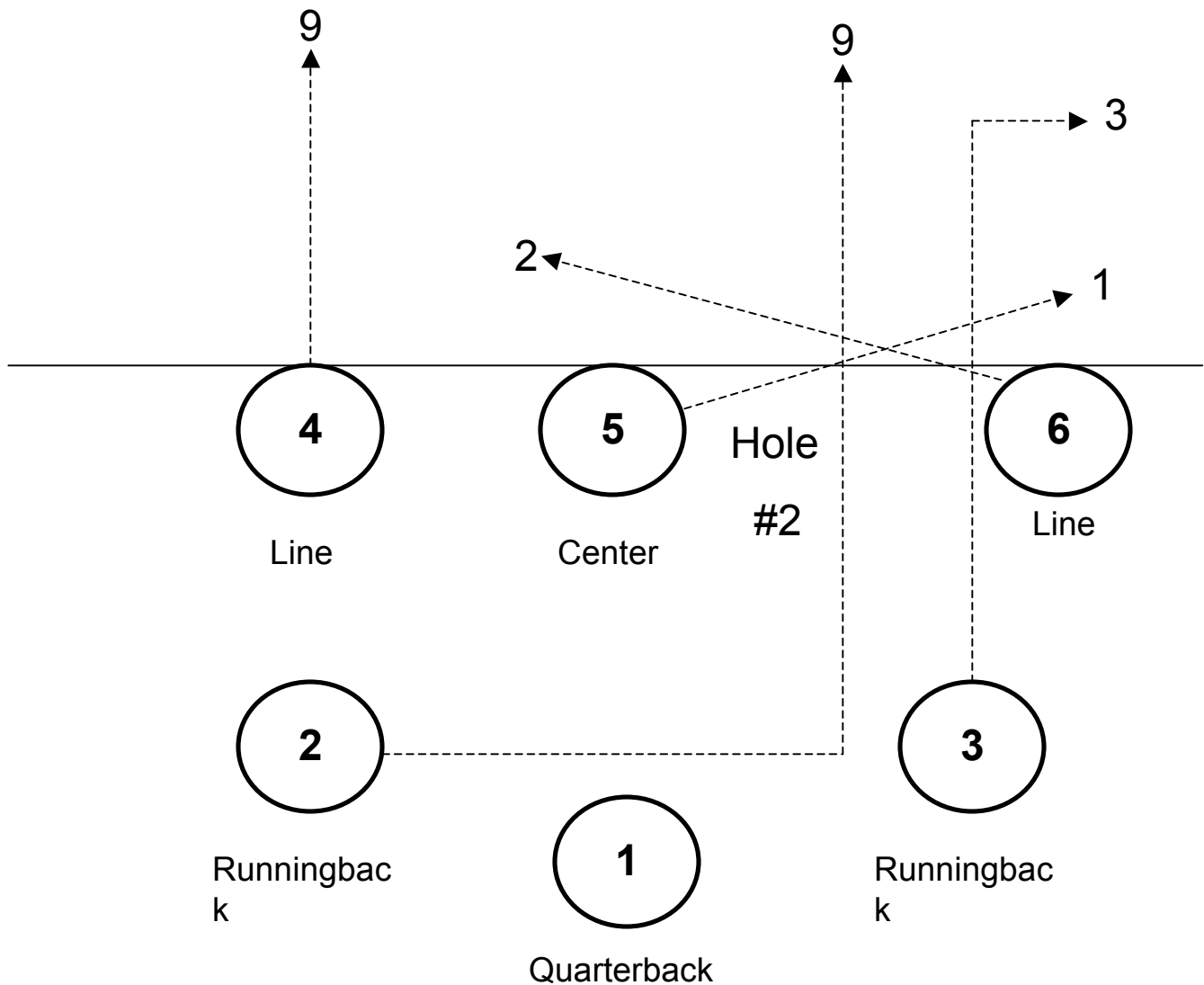
Passing Tree (Pass Routes)



- (1) Quick out (right)
- (2) Quick slant in (left)
- (3) 5 yards down & out (right)
- (4) 5 yards down & in (left)
- (9) Fly (go deep)

Passing Offense (continued)

(Example of a pass play)



The play call is a fake run to 2 in the #2 hole & 2 goes 9 route; #3 goes 3 route; #4 goes 9 route; #5 goes 1 route; #6 goes 2 route.

Seems complicated, but all the players need to know is the five routes on the passing tree and the 4 holes.

Defensive Set

(When the other team has the ball)

